



Sean-Nós Workshops with Mary Beth Taylor for Beginners, Refreshers and Improvers 30th / 31st of March 2019 in Munich

The Teacher: Mary Beth Taylor

Mary Beth Taylor started dancing more than twenty years ago in her hometown of Atlanta, Georgia. Her love of Irish culture eventually led her to Dublin, where she pursued a Master's Degree in Anglo-Irish Literature and Drama, and became a TCRG, or Registered Irish Dancing Teacher, with An Coimisiún le Rincí Gaelacha. After moving to Ireland, Mary Beth began learning sean-nós, or 'old style' Irish percussive dancing. She is now Director of Irish & Sean-Nós Dance Dublin (www.irishdancedublin.com / www.seannosdancedublin.com). Mary Beth has taught and performed all over the world.

Class 1: Sean-nós for Beginners and Refreshers (2 x 1,5 hrs)

Sean-nós dancing is a relaxed, improvisation style of traditional Irish dancing that is fully percussive. In this workshop you will learn the basic steps of sean-nós dancing, along with learning about technique, rhythm and timing. Build your repertoire in both reel and jig steps. Become more comfortable with counting and dancing to Irish music. Learn the building blocks of sean-nós dancing to give you confidence to perform. (A good combination with class number 2)

Class 2: Battering Steps for Set Dancing (2 x 1 hr)

Did you know that basic sean-nós steps can also be used in set dancing? Put your dancing steps to good use in this fun workshop, where we will work together to fit our new footwork into a set. The key elements in this workshop is to try to move with our steps, while maintaining timing and working together. It's a lot to think about, but it will be a full-body challenge that you're sure to enjoy!

Class 3: Sean-Nós for Improvers (2 x 1,5 hrs)

If you're ready to kick it up a notch, this workshop is for you! We will be working on more complex material in both reel and jig timing. Students will learn new choreography and will be encouraged to build upon it to create a full routine.

Class 4: Sean-Nós and Body Percussion (2 x 1 hr)

Rhythm and timing and key elements in sean-nós dancing – and in this workshop, we will explore elements of rhythm more deeply as we use the whole body as a percussive instrument! Here, students will learn a routine that will combine body percussion and sean-nós dancing. Dancers will also be encouraged to create some rhythms together with a partner. This will be a completely different dancing experience that will help you focus on timing and working as an ensemble.

Location:

Studio Rebecca, Machtfinger Str. 10, 81379 München, 2. floor
Bus 51, U3 Machtfinger Straße
parking space available

Schedule:

Saturday, 30th March - purple room

Class 1: Sean-Nós for Beginners and Refreshers	12:00 – 13:30 Uhr
Class 2: Battering Steps for Set Dancing	13:45 – 14:45 Uhr
Class 3: Sean-Nós for Improvers	15:00 – 16:30 Uhr
Class 4: Sean-Nós and Body Percussion	16:45 – 17:45 Uhr

Sunday, 31st March – purple room

Class 1: Sean-Nós for Beginners and Refreshers	10:15 – 11:45 Uhr
Class 2: Battering Steps for Set Dancing	12:00 – 13:00 Uhr
Class 3: Sean-Nós for Improvers	13:15 – 14:45 Uhr
Class 4: Sean-Nós and Body Percussion	15:00 – 16:00 Uhr

On Saturday evening we will have the opportunity to have dinner together with Mary Beth and to talk to her. If you would like to join us, please check this box on the registration form. Food and drinks are at your own expense!

Conditions of participation:

Course Fee	Early Bird until 28th Feb. 2019	from 01st March 2019
Per Class (2 x 1,5 hrs.)	€ 60,00	€ 70,00
Per Class (2 x 1 hrs.)	€ 40,00	€ 50,00

Dancers who really want to work hard this weekend get a special reduction:

5% off the regular fee if you take two classes and

10% off the regular fee if you take three classes

- **Registration:**
- Please fill in the registration form and send it to contact@anamcara-irishdancing.de. Participant under 18 need the signature of their parents or legal guardian. The number of participants is limited and participation is only guaranteed once the full invoice amount has been credited to the account stated below. We will confirm your registration by e-mail once we have received it. We will also let you know of any changes that might occur. Therefore, please make sure that we have your correct and legible e-mail address.
- Please understand that we cannot refund participation fees for cancellations after 23rd of March 2019.
- **Minimum number of participants 10 persons.** If the number of participants is not reached, the organizer reserves the right to cancel the workshop at short notice.
- **Participation at the workshop is at your own risk.** The organizer is not responsible for any injuries.
- **The organizers of the workshop are not liable** for lost items in the changing and dance rooms.
- **Please bring with you:** flat shoes, tap dance shoes or dance sneakers, sportswear, a towel, something to drink and energy snacks (e.g. bananas, nuts).
- **We kindly ask you to come to the courses 15 minutes earlier so we can start on time!**



Registration

Herewith, I register bindingly for the workshop with Mary Beth Taylor on 30th / 31st of March 2019:

Name	
First name	
Phone	
e-Mail	

This registration is for:

Classes	Saturday purple room	Sunday purple room	X
Class 1: Sean-Nós for Beginners and Refreshers, 2 x 1,5 hrs.	12:00 - 13:30	10:15 - 11:45	
Class 2: Battering Steps for Set Dancing, 2 x 1 hr.	13:45 - 14:45	12:00 - 13:00	
Class 3: Sean-Nós for Improvers 2 x 1,5 hrs.	15:00 – 16:30	13:15 – 14:45	
Class 4: Sean-Nós and Body Percussion, 2 x 1 hr.	16:45 – 17:45	15:00 – 16:00	
Dinner with Mary Beth Taylor	20:00		

I transfer the course fee to the following account:

Brigitte Schilbach and Isabell Schmieder	Reference:
HypoVereinsbank München	Sean-nós Workshop 30/31 March 2019
IBAN: DE97700202700015297235	Your Name
BIC:HYVEDEMMXXX	

- I hereby confirm that I am attending the workshop at my own risk.
- I hereby confirm the conditions of participation at the workshop.

Date, signature: _____ signature of parents or legal guardian for participants under 18.